

I. COURSE DESCRIPTION:

This course will provide the learner opportunities to examine the role of the practical nurse when caring for individuals who require supportive, rehabilitative and palliative care. The learner will also be exposed to individuals with mental health challenges. Critical thinking skills will be refined to plan and implement holistic nursing care. This experience will take place in the laboratory setting and in a variety of clinical settings.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

Upon successful completion of this course, the student will demonstrate the ability to:

1. Integrate practice in a professional manner in accordance with the College of Nurses of Ontario "Standards of Practice".

Potential Elements of the Performance:

- a. Demonstrate accountability for own personal and professional growth.
- b. Model appropriate behaviour in professional and social roles.
- c. Engage in reflective practice to promote further learning
- d. Accept constructive criticism appropriately to effectively promote change.
- e. Comply with the practice setting established standards and practice expectations by:
 - Displaying self-direction
 - Seeking out guidance appropriately
 - Seeking assistance when ethical conflicts arise
 - Demonstrating interest and enthusiasm in learning
 - Preparing for clinical experience according to guidelines
 - Dressing appropriately
 - Being punctual
 - Following guidelines for reporting absenteeism
 - Providing care within the student's role and current scope of practice
 - Demonstrating competency with gradually increased client* care assignment.
 - Collaborate with the various members of the health care team in providing client care.
- f. Accept accountability for own decisions and actions.
- g. Report and record significant information accurately, confidently and respectfully to appropriate individuals, peers, faculty and agency personnel.
- h. Identify when personal values and beliefs conflict with the ability to maintain commitments to the client*.
- i. Demonstrate self-care practices that promote personal health and wellness.
- j. Demonstrate accountability and responsibility in attending clinical placement according to college policy.
- k. Recognize the right of the client* to make own health choices:
 - Support client* to find the best possible solution, given client's* personal values, beliefs and different decision-making style.
 - Respect the informed, voluntary decision of the client*.
 - Follow the wishes of the client* within the obligations of the law and CNO Standards of Practice.
- l. Explore opportunities to improve the level of health care in the community by working with groups to advocate for health policy and health resources.
- m. Analyze how personal leadership qualities impact clients*, peers, faculty and agency personnel.

2. Select and display caring behaviours when nursing the client*.

Potential Elements of the Performance:

- a. Create an atmosphere of mutual trust, acceptance and respect.
 - b. Demonstrate a supportive client*-centred approach.
 - c. Use a non-judgmental attitude, empathy and genuineness when interacting with the client*.
 - d. Display sensitivity to beliefs, values and practices of various lifestyles and cultures.
 - e. Maintain therapeutic relationships that promote the achievement of expected health outcomes of the client*.
 - f. Integrate appropriate therapeutic communication techniques:
 - Active listening
 - Touch
 - Silence
 - Verbal/non-verbal communication
 - Reflection
 - Feeling tones
 - g. Demonstrate confidence in promoting the self-care abilities of the client*.
 - h. Promote and preserve the self-esteem and self-confidence of the client*.
 - i. Balance technical and technological aspects of nursing with a humanistic attitude and holistic approach.
3. Integrate and practice interpersonal skills which promote and maintain caring relationships with individuals, families, peers, faculty and agency personnel through collaboration and collegueship.

Potential Elements of the Performance:

- a. Participate as a contributing member of the team in providing care for the client*.
 - b. Follow verbal and non-verbal directions safely, responsibly and consistently.
 - c. Adapt communication strategies to meet the needs of the client*.
 - Listen to, understand and respect client* values, opinions, needs and ethno-cultural beliefs.
 - d. Support the right to privacy and confidentiality of the client*.
 - e. Act in a professional manner when communicating with clients*, families, peers, faculty and agency personnel.
 - f. Support the client* with informed decision making.
 - g. Promote the nurse's role as a client* advocate
 - h. Analyze complex situations of conflict.
 - i. Apply a framework of conflict resolution to clinical practice.
4. Modify nursing knowledge and critical thinking skills to assess, plan, implement and evaluate holistic nursing care for the client* experiencing diverse health challenges in a variety of life situations.

Potential Elements of the Performance:

Assessment

- Demonstrate the ability to conduct purposeful client* interviews.
- Gather data through history taking, interviewing, consultation, physical examination and review of available records.
- Assess the client* accurately on an on-going basis.
- Differentiate between relevant and non-relevant observations to be reported and recorded.

Planning

- Identify the expected health outcomes (goals) of the client*.
- Plan individualized care according to assessment, pre-clinical preparation and evidence-based nursing practice.
- Develop daily organizational plans to manage time and reflect nursing responsibilities.
- Apply nursing knowledge and critical thinking to set priorities in providing comprehensive holistic nursing care.

Implementation

Implement the plan of care:

- Adapt organizational plan to reflect changing priorities based on client* needs
- Conserve time, energy and supplies.
- Within a reasonable timeframe, perform selected nursing interventions consistently in a safe competent client*-centred manner that minimizes risk and maximizes benefits to client*.
- Apply the concepts of health promotion, health protection, and prevention, (therapeutic treatment), rehabilitation, palliation and/or restorative care to the client's* plan of care.
- Promote the use of community agencies to assist the client* when appropriate.

Evaluation

- Evaluate achievement of expected outcomes (goals) of the client*.
- Revise the plan of care as needed.
- Document relevant data in a concise and timely manner, according to "CNO Standards" and agency policy.

5. Integrate and apply the theories of growth and development and the change process to promote the optimal health and wellness of the client*.

Potential Elements of the Performance:

- a. Assess the client* based stages of life.
- b. Establish expected outcomes (goals) in collaboration with the client*.
- c. Plan nursing interventions based on the selected stage of growth and development in collaboration with the client*.
- d. Implement nursing interventions in collaboration with the client*.
- e. Provide dignified, comfortable care for the dying client*.
- f. Evaluate the extent to which the desired outcomes (goals) have been met.
- g. Modify the plan of care based on the evaluation results.

6. Integrate principles of teaching-learning to promote optimal health, wellness and safety of the client*.

Potential Elements of the Performance:

- a. Assess the health status of the client* to determine learning needs.
 - b. Develop a plan in collaboration with the client*.
 - c. Apply principles of teaching-learning to facilitate client's* understanding.
 - d. Implement relevant and age-appropriate teaching plan to promote optimal health, wellness and safety of the client*.
 - e. Evaluate the effectiveness of the teaching plan for the client*.
 - f. Modify the teaching plan based on the evaluation.
7. Integrate and apply research findings to support nursing practice.

Potential Elements of the Performance:

- a. Use evidence-based information to assess client* health status.
- b. Provide a safe environment for the client* based on current and relevant research.

Note: Client* refers to individuals, their families and/or groups facing actual or impending acute health challenges.

III. TOPICS:

Students will practice in a variety of settings that include:

1. Hospitals
2. Health Science Resource Centre (HSRC)

Skills/concepts to be learned and practiced in the HSRC include:

1. Urinary Diversion – Ostomy Care
2. Bowel Diversion – Ostomy Care
3. Urinary Catheterization/Bladder Irrigation
4. Enteral Tubes: Gastric Intubation/Suction/Enteral Nutrition
5. Tracheostomy Care/Suctioning/Chest Tubes
6. Grief, Caring and Loss/End of Life Care
7. Preparation for Consolidation
8. Independent Study – Peritoneal/Hemodialysis

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

College of Nurses of Ontario. *Compendium of standards of practice for nurses in Ontario* Toronto: College of Nurses of Ontario. (available on-line at www.cno.org)

Handouts (provided by the professor)

Lab Manual (provided by the lab teacher)

Lab Equipment (as directed by lab teacher/clinical instructor throughout the semester)

Year One and Two Textbooks and Supplies

Optional: *MediQuik Drug Cards (17th ed.)* Lippincott, Williams and Wilkins

V. EVALUATION PROCESS/GRADING SYSTEM:

A final grade of Satisfactory is required to pass PNG253. The student must achieve a satisfactory outcome in all components of the course. Each component is graded separately in the evaluation process.

Grading will be determined by the following components:

Lab Tests

- Achieve 60% (overall) on 2 lab tests. Supplemental testing is not available.

Clinical Placement

- Demonstrate consistently the overriding principles of safety, accountability and responsibility in all practicum components
 - Achieve the learning outcomes of PNG253
 - Complete reflective practice requirements (learning outcomes and guided reflection) satisfactorily
- For further information relating to practicum/lab program policies, refer to the Student Success Guide. Clinical makeup is not available for missed clinical hours.

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

Note:

Mid Term grades are provided in theory classes and clinical/field placement experiences. Students are notified that the midterm grade is an interim grade and is subject to change.

VI. SPECIAL NOTES:

Attendance:

Sault College is committed to student success. There is a direct correlation between academic performance and class attendance; therefore, for the benefit of all its constituents, all students are encouraged to attend all of their scheduled learning and evaluation sessions. This implies arriving on time and remaining for the duration of the scheduled session.

VII. COURSE OUTLINE ADDENDUM:

The provisions contained in the addendum located on the portal form part of this course outline.